

# **CURRICULUM VITAE**

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## **BRIEF CURRICULUM VITAE**

I am employed as a Consultant Neuropsychiatrist at South West London and St George's Mental Health NHS Trust and as an Honorary Senior Lecturer by St George's University of London. My current responsibilities include providing a tertiary neuropsychiatry services to the Atkinson Morley Regional Neurosciences Centre based at Atkinson Morley Wing of St George's Hospital, London (for whole of South West London and Surrey) and the Wolfson Neurorehabilitation Centre, Wimbledon. I am a fully qualified medical practitioner on the specialist register of GMC. I am qualified as a general psychiatrist, liaison psychiatrist and as a neuropsychiatrist. I have a particular interest in the neuropsychiatric consequences of traumatic brain injuries; cognitive disorders and neuropsychiatric disorders following various neurological illnesses.

I am a Fellow of the Royal College of Psychiatrists (FRCPsych) a member of the British Neuropsychiatric Association, American Neuropsychiatric Association, International Neuropsychiatric Association and a Fellow of Royal Society of Medicine. I have, in addition, academic qualifications, Doctor of Medicine in Psychiatry (MD) and Master of Science in Psychological Medicine (MSc) with distinction. I am approved in accordance with section 12 of the Mental Health Act (1983). I am trained in cognitive behavioural therapy and have obtained a Diploma (Dip CBT). I am also trained in medical ethics and evidence based medicine.

I am Vice Chair of the Neuropsychiatry Section of the Royal College of Psychiatrists. I am the Director of Research and Development for the South west London & St George's MH NHS Trust. I am a member of the Examinations Committee of the Royal College of Psychiatrists involved in setting and monitoring of theory and clinical postgraduate exams in Psychiatry in the UK. I am regularly involved in teaching undergraduate and postgraduate medical students and other professionals on neuropsychiatry and have published several scientific papers. I have over 14 years of experience in preparation of medico-legal reports.

## **QUALIFICATIONS**

MBBS: Nov.1991  
MD in Psychiatry 1993 - 1995  
MRCPsych: December 1999  
MSc in Psychological Medicine 1996 – 2000  
Approved under Section 12 (2) of Mental Health Act 1983  
CCT General Adult & Liaison Psychiatry 1<sup>st</sup> April 2003  
Diploma in Cognitive Behavioural Therapy 2004  
FRCPsych: January 2011

## **CURRENT POST**

Consultant Neuropsychiatrist at St George's Hospital, London (since 1<sup>st</sup> July 2003).

Honorary Senior Lecturer, St George's, University of London (since 1<sup>st</sup> July 2003).

Vice Chair of Section of Neuropsychiatry, Royal College of Psychiatrists (since 2008)

Director of R&D, South West London & St George's Mental Health NHS Trust (since 1<sup>st</sup> October 2010)

Deputy Hub Lead, South London and South East Hub, Mental Health Research Network (Since September 2011)

## **AWARDS & DISTINCTION**

Awarded National Merit Scholarship for 2 years (1983 – 1985).

Awarded MSc in Psychological Medicine with Distinction by University of Wales 2001.

Awarded Henry Stonnington award for the best review article in 2009 by the journal "Brain Injury".

## **OTHER RESPONSIBILITIES**

Member of Wandsworth Research Ethics Committee (2003 – 2008)

Organiser of Neuropsychiatry Educational Forum (2005 – 2009)

MRCPsych Part I Course Organiser, St George's psychiatric training scheme (2005 - 2011)

Member of NICE guideline development group for Parkinson's Disease (2005-06)

Editor of "The Blue Book" – This is a publication of the South West London & St George's MH NHS Trust. A new edition is published every 6 months. (since October' 2003).

Member of the Examination Subcommittee and Examinations Training Standards Committee, Royal college of Psychiatrists (since 2008) involved in setting and reviewing all the exams conducted by the Royal college of Psychiatrists.

CASC Examiner for the Royal College of Psychiatrists

Member of Editorial Board – Acta Neuropsychiatrica (December 2008 – February 2011)

Member of Editorial Board – Australian & New Zealand Journal of Psychiatry (Since January 2011)

Chief Editor of "Current Themes in Psychiatry in Theory and Practice" Palgrave Macmillan 2012.

Peer reviewer for a few international journals.

Chair of the Educational Committee of the Section of Neuropsychiatry (SoN) involved in the final synthesis & writing of the Neuropsychiatry Core Curriculum document.

Lead Organiser of Joint SoN-BNPA conference-09 & Neuropsychiatry Institute programme for the Royal College Annual Conference-09.

Advisor & Chair of the Neurology for Psychiatrists Course – an annual national course (2008 onwards)

Member of Executive Board of Psychiatry Section of The Royal Society of Medicine (2010 onwards).

Member Executive Committee of the British Indian Psychiatric Society (2009-2011)

## **PROFESSIONAL MEMBERSHIPS**

1. Fellow of the Royal College of Psychiatrists, London.
2. Member of the British Neuropsychiatric Association.

3. Member of the American Neuropsychiatric Association.
4. Member of the International Neuropsychiatric Association.
5. Fellow of the Royal Society of Medicine.
6. Member of the British Medical Association.
7. Member of the British-Indian Psychiatric Association.
8. Member of the Indian Psychiatric Society.

## **INVITED SPEAKER**

1. Guest Lecturer at West Middlesex Final MB Exam preparation Course held annually (2001 - 2003).
2. I was a regular speaker on the Guildford revision course for MRCPsych examination held Biannually.
3. I was an invited speaker on the Imperial college MRCPsych Part II course, UCL MRCPsych part I course, St George's MRCPsych part I & II courses till 2006.
4. Special interest group of Neuropsychiatry (SIGN) meeting, at The Royal college of Psychiatrists, April 2004 & Sept 2004.
5. "Non Epileptic fits" At the annual conference of the Royal college of Psychiatrists, Edinburgh, June 2005.
6. "Neuropsychiatry of Traumatic Brain Injury" at BSRM annual training day, Wimbledon 2005.
7. "Neuropsychiatry Training", at the Royal College of Psychiatrist, May 2006.
8. "Epilepsy in old age" Medicine for old age Psychiatrist, Royal Society of Medicine, September 2006.
9. "Aging to Dementia: Mild cognitive Impairment", Alzheimer centenary conference, AIIMS, New Delhi, November 2007.
10. Neuropsychiatry of Epilepsy, Royal Society of Medicine, 2008.
11. Treatment of Apathy, Annual Conference of the Royal College of Psychiatrists, London 2008.
12. Chair, Psychopharmacology of Neuropsychiatry, BNPA-SoN joint conference Feb 2009.
13. Apathy & Amotivation, Annual national conference of BIPA, 2009.
14. Affective disorders in epilepsy, annual conference of the Royal College of Psychiatrists, Liverpool 2009.
15. Neuropsychiatry of Stroke, Regional Stroke Day, St George's London

16. Co-Chair of symposia "Screening for depression and anxiety in neurological disorders" at the International Congress of the Royal College of Psychiatrists, June 2010.
17. Screening for depression and anxiety in epilepsy: problems and solutions, International Congress of the Royal College of Psychiatrists, June 2010.
18. Depression & Anxiety in Epilepsy: problems and solutions, Second HK-UK Joint International Conference, Hong Kong, 11<sup>th</sup> December 2010.
19. Co-Chair of symposia: "Medical-Psychiatric Co-Morbidity". Second HK-UK Joint International Conference, Hong Kong, 11<sup>th</sup> December 2010.
20. Functional Non Epileptic attacks, 7<sup>th</sup> International Congress of Cognitive Psychotherapy (ICCP) Istanbul, Turkey 4<sup>th</sup> June 2011.
21. Chair and organiser of "Facilitating Research within NHS: Challenges for Mental Health" London, 28<sup>th</sup> October 2011.
22. Chair "Becoming a Neuropsychiatrist" Section of Neuropsychiatry conference, Cambridge, Thursday 8<sup>th</sup> September 2011.

#### **ONGOING RESEARCH PROJECTS:**

1. Impact of neurological inpatient screening programme.
2. Screening programme for outpatients with epilepsy - An unrestricted grant of £5,000 has been awarded.
3. Emotional thermometers tool - validation in neurological population.
4. Retrospective review of neuropsychiatric outcomes following epilepsy surgery.
5. National survey of epilepsy surgery neuropsychiatric involvement.

#### **PUBLICATIONS**

1. Jhingan H.P., **Agrawal N.**, Saxena S. & Gupta D.K. (2000) Multiple Personality disorder following conversion and dissociative disorder NOS: a case report, Indian Journal of Psychiatry, 42, 98 – 100.
2. Kishore C. & **Agrawal N.** (2001) Standing back from front, Human Givens, Vol 8, No 3, 38 – 39.

3. Stimpson N., **Agrawal, N.** & Lewis G. (2002) Randomised controlled trials investigating pharmacological and psychological interventions for Treatment Refractory Depression: A Systematic Review, *British Journal of Psychiatry*, 181: 284-294.
4. **Agrawal N** & Jhingan H P (2002) Life events and Depression in elderly. *Indian Journal of Psychiatry*, 44 (1) 35 – 40.
5. Stimpson NJ, Lewis G & **Agrawal N.** Treatment Refractory Depression. The efficacy of Psychological, Pharmacological and other interventions. Cochrane Collaboration.
6. Lewis G, Stimpson N & **Agrawal N** (2003) Lithium augmentation in treatment-refractory unipolar depression. *Br. J. Psychiatry*; 182: 456 - 457.
7. **Agrawal N.** (2004) Evidence needed for treatment strategies in refractory depression. *British Journal of Psychiatry*. 184, 182.
8. **Agrawal N.** (2004) Neuropsychiatry. *BMJ Career Focus*, Jan 2004; 328: 35s - 36.
9. **Agrawal N.** & Hirsch S. (2004) Schizophrenia: Evidence for conceptualising it as a brain disease. *The Journal of Primary Prevention*, 24 (4) 437 – 444.
10. **Agrawal N** & Mitchell A (2005) The National Service Framework for Long term conditions. *BMJ*, 330: 1280 – 81.
11. Mitchell A & **Agrawal N** (2005) Training in Neuropsychiatry: Time to re-integrate into mainstream Psychiatry. *Psychiatric Bulletin*, 29: 361 – 364.
12. Aleman A, **Agrawal N**, Morgan KD, David AS. (2006) Insight in psychosis and neuropsychological functions: a meta-analysis. *British Journal of Psychiatry*; 189: 204-212.
13. Davies L, Stern JS, Agrawal N & Robertson MR (2006) A case series of patients with Tourette's syndrome in the United Kingdom treated with Aripiprazole. *Human Psychopharmacology*; 21: 1-7.
14. Jefferies K & Agrawal N (2006) Early Onset Dementia, CPD Online, The Royal College of Psychiatrists. <http://www.psychiatrycpd.co.uk/learningmodules/earlyonsetdementias.aspx>
15. Jefferies K, Owino A, Richards H & **Agrawal N** (2007) Psychiatric disorders in neurology inpatients: Estimate of prevalence and usefulness of screening questionnaires. *JNNP*; 78; 416-418.
16. Jefferies K & Agrawal N (2007) Neuropsychiatry of Stroke, CPD Online, The Royal College of Psychiatrists. [www.psychiatrycpd.org/learningmodules/neuropsychiatryofstroke.aspx](http://www.psychiatrycpd.org/learningmodules/neuropsychiatryofstroke.aspx)

17. Govender S & Agrawal N (2008) Neuropsychiatry of Epilepsy, CPD Online, The Royal College of Psychiatrists.  
[www.psychiatrycpd.org/learningmodules/neuropsychiatryofepilepsy.aspx](http://www.psychiatrycpd.org/learningmodules/neuropsychiatryofepilepsy.aspx)
18. Agrawal N, Fleminger S, Ring H & Deb S (2008) Neuropsychiatry in the UK: National survey of existing service provision. *Psychiatric Bulletin*; 32: 288-291.
19. Agrawal N, Fleminger S, Ring H & Deb S (2008) Neuropsychiatry in the UK: Planning the service provision for the 21<sup>st</sup> century. *Psychiatric Bulletin*; 32:302-306.
20. Poole N & Agrawal N (2008) Cholinomimetic agents and neurocognitive impairment following head injury: A systematic review. *Brain Injury*, 22:7, 519-534.
21. Parsons B & Agrawal N (2008) Acute confusional states: a guide to diagnosis and management. BMJ Learning.  
<http://learning.bmj.com/learning/search-result.html?moduleId=10007766>
22. Poole N, McDonald B & Agrawal N (2009) Rapid onset florid psychotic symptoms during video-EEG telemetry: undetected complex partial status? *Epilepsia* 50 (1) 159-160.
23. Gaynor D, Cock H & Agrawal N (2009) Psychological treatments for functional non-epileptic attacks: a systematic review. *Acta Neuropsychiatrica*; 21:158-168.
24. Jefferies K & Agrawal N (2009) Early onset dementia. *Advances in Psychiatric Treatment*; 15: 380-388.
25. Poole N, Wuerz & Agrawal N (2010) Abreaction for conversion disorder: a systematic review with meta-analysis. *British journal of Psychiatry*; 197, 91-95.
26. Govender S & Agrawal N (2011) Epilepsy & Neuropsychiatric Comorbidities. *Advances in Psychiatric Treatment*; 17: 44-53
27. Wattebot-O'Brien C & Agrawal N (2011) Epilepsy and its neuropsychiatric complications in older adults. *British Journal of Hospital Medicine*. 72(6 MMC Supp): M88 - M91.
28. Agrawal N & Rickards H (2011) Detection and treatment of depression in neurological disorders. Editorial commentary. *JNNP*; 82: 828-829.
29. Lodhi S & Agrawal N (in Press) Neurocognitive problems in Epilepsy. *Advances in Psychiatric Treatment*.
30. Nimmagadda, SR, Agrawal N, Worrall-Davies A, Markova I, Rickards H. (in press 2011) Determinants of Irritability In Huntington's Disease. *Acta*



31. Earl J, Pop O, Jefferies K & Agrawal N (in press) Impact of Neuropsychiatry screening in neurological inpatients: comparison with routine clinical practice. Acta Neuropsychiatria. Article first published online: 30 JUN 2011 | DOI: 10.1111/j.1601-5215.2011.00576.x
32. Wattebot-Obrien C & Agrawal N (in press) Managing mood problems in the elderly with epilepsy. GM2 Neurology.
33. Patel AG, Malik H & Agrawal N. (in press 2012) Neuroimaging in Psychiatry, CPD Online, The Royal College of Psychiatrists.

### BOOK CHAPTERS

1. Bansal V. & **Agrawal N.** (1990), Eye Donation, Ayurvigyan Pragati. National medico's organisation publication, Patna, India – written as a final year medical student.
2. Kishore C., Verma S.K., Dhar P.L & **Agrawal N.** Psychological effects of vipassana on Tihar jail inmates, Vipassana for reforms in prisons, Vipassana research institute publication.
3. Wing J & **Agrawal N.** (2003) Concept and classification of schizophrenia. In Schizophrenia, Ed S. Hirsch & D. Weinberger, 2<sup>nd</sup> Edition.
4. **Agrawal N.** & Hirsch S. (2005) Psychiatry. In Alarm Bells in Medicine, BMJ Publications.
5. Jefferies K, Lawrence R & **Agrawal N** (2012) Younger People with Dementia: an Update. Current Themes in Psychiatry in theory and practice, Palgrave MacMillan.
6. Gaynor D & **Agrawal N** (2012) Psychological Conceptualisation and Treatment Approaches to Functional Nonepileptic Attacks. Current Themes in Psychiatry in theory and practice, Palgrave MacMillan.

### BOOK EDITING

1. **The Blue Book:** Guidelines for the management of common/selected psychiatric emergencies and certain trust policies and procedures, Edited by **Agrawal N.** 6 monthly editions from 2003. South West London & St George's MH NHS Trust, London.

2. **Current Themes in Psychiatry in Theory and Practice (2012):** I am the lead editor with Dr Jim Bolton & Dr Raghu Gaiind.

### **PEER REVIEWER**

I have peer reviewed articles for the following scientific Journals:

1. Cognitive Neuroscience
2. Journal of Neurology, Neurosurgery & Psychiatry
3. British Journal of Psychiatry
4. Journal of Affective Disorders
5. Psychiatric Bulletin
6. Brain Injury

### **GRANT REVIEWER**

I have reviewed grant applications for **Parkinson Disease Society.**